

Expert Chair

Prof Chris Poulos (Australia)



Associate Professor Chris Poulos is the Foundation Hammond Chair of Positive Ageing and Care with the University of New South Wales (Australia) and a rehabilitation physician with over 25 years clinical experience. He is also the Immediate Past President of the Australasian Faculty of Rehabilitation Medicine, former chair of the Australasian Rehabilitation Outcomes Centre Management Advisory Committee, and Visiting Principal Fellow with the Australian Health Services Research Institute, University of Wollongong.

Chris has a doctoral degree for his work on the rehabilitation patient journey and a master's degree in health policy and management. He is an active researcher and teacher and has undertaken a number of consultancies for government about rehabilitation and aged care service delivery.

His main clinical and research interest at present is ambulatory rehabilitation and models of care that support reablement, including a focus on people with dementia and their carers.

Prof Antony Bayer (United Kingdom)



Tony Bayer is Professor of Geriatric Medicine in the Cochrane Institute of Primary Care and Public Health in the School of Medicine at Cardiff University and Director of the Memory Team, based at University Hospital Llandough. He has a longstanding interest in cognitive impairment and dementia associated with neurodegenerative and cerebrovascular diseases and in clinical care of frail older people. He initiated one of the earliest multidisciplinary Memory Teams in the UK in 1986 and has an active research programme on various aspects of diagnosis and management of

dementia. Other current research activity includes collaboration on the Caerphilly Prospective Study (CaPS) of stroke, heart disease and dementia, the EC-funded MidFrail and FRAILCLINIC studies and the NIHR-funded GREAT Study of cognitive rehabilitation and PRINCESS study of probiotics in care homes.

Dr Lauren Beaupre (Canada)



Dr Beaupre is a Professor in Physical Therapy with an adjunct appointment in the Division of Orthopaedic Surgery at the University of Alberta in Edmonton, Canada. She receives salary support from Alberta Innovates Health Solutions as a Population Health Investigator and from the Canadian Institutes for Health Research as a New Investigator for Patient Oriented Research. Her primary area of research evaluates methods of improving the care and recovery of frail seniors who have experienced a hip fracture, including those who reside in nursing homes or have cognitive impairment. She is the Hip

Fracture Director for Bone and Joint Canada, a Knowledge to Action organization that promotes dissemination of best practices across the country to clinicians, decision- and policy-makers.



Prof Linda Clare (United Kingdom)

Linda Clare is Professor of Clinical Psychology of Ageing and Dementia at the University of Exeter, where she directs the Centre for Research in Ageing and Cognitive Health (REACH) within the School of Psychology. REACH aims to improve the lives of older people and people with dementia through research that focuses on promoting well-being, preventing or reducing age-related disability, and improving rehabilitation and care.

Linda is particularly known for pioneering the application of cognitive rehabilitation approaches for people with early-stage Alzheimer's disease.

Current studies include the IDEAL cohort study investigating factors that influence the ability to live well with dementia and the GREAT trial which examines the efficacy of cognitive rehabilitation for people with early-stage dementia.

Linda is a clinical psychologist and clinical neuropsychologist, and in 2004 she received the May Davidson award from the British Psychological Society for her contribution to the development of clinical psychology in the UK. She has published over 150 peer-reviewed journal articles and book chapters, and is an Editor for the Cochrane Collaboration's dementia group and for the journal Neuropsychological Rehabilitation. She is a Fellow of the British Psychological Society and of the Gerontological Society of America, and chairs the British Psychological Society Advisory Group on Dementia.



Dr Katherine McGilton (Canada)

Dr McGilton is a Senior Scientist at the Toronto Rehabilitation Institute, Associate Professor at the Lawrence S Bloomberg Faculty of Nursing at the University of Toronto and an Adjunct Scientist at Kunin-Lunenfeld Applied and Evaluative Research Unit at Baycrest Geriatric Health Care System.

Dr. McGilton's research focus is in care of persons with cognitive impairment, particularly in identifying interventions and models of care delivery that lead to effective patient outcomes. She also has experience in outcome measure development and has published on various aspects of intervention and outcomes in dementia care, rehabilitation care and long-term care.

Dr. McGilton holds an Ontario Ministry of Health and Long-Term Care Nursing Mid Career Scientist Award. She has research funding as the principal investigator from the Canadian Institutes of Health Research (CIHR), Alzheimer Society of Canada, Nursing Research Fund, MOHLTC, and the Canadian Health Services Research Foundation.



Prof Dr Sytse Zuidema (Netherlands)

Prof Sytse Zuidema is Professor of Elderly Care Medicine and Dementia at University Medical Center Groningen (UMCG). Sytse Zuidema has been a specialist in geriatric medicine since 2000. He earned his PhD in 2008 on problem behaviors in people with dementia in nursing homes and from 2012 worked in the Courts. Since 2011 he has been head of the geriatrics section at the general medicine department of the University Medical Center Groningen.

Prof Zuidema is an elderly care physician with a focus of consultation on elderly care physicians and team on complex care problems / neuropsychiatric symptoms in people with dementia. His research focuses on psychotropic drug use and psychosocial interventions for people with dementia in long-

term care and community. He runs transition and implementation projects to improve care for frail people in community and long-term care in order to stimulate scientific research interest and competencies of the specialist training programme for elderly care physicians.

Prof Zuidema is head of UNO-UMCG, a care home network linked to the UMCG aimed at improving quality of elderly care through scientific research (www.uno-umcg.nl).