



Expert Chair
Dr David Cavan (Belgium)

Until 2014 Dr David Cavan was a Consultant Physician at the Bournemouth Diabetes and Endocrine Centre, Bournemouth, UK. He has a particular interest in the intensive management of type 1 diabetes, using both multiple daily injections and insulin pump therapy, and in developing education programs to develop self-management skills.

His team trained diabetes professionals from across the United Kingdom in management of type 1 diabetes, and produced an interactive internet learning program (bdec-e-learning.com) to teach carbohydrate counting and insulin dose adjustment. Dr Cavan operated dedicated clinics for adults and teenagers with type 1 diabetes, and participated in education programs for adults with type 1 diabetes. He has worked extensively at national level, is a past Chair of the Education and Psychosocial Care Section of Diabetes UK, and cofounder of the Diabetes Education Network.

Dr David Cavan is currently the Director, Policy and Programmes at the International Diabetes Federation, in Belgium. The IDF is an umbrella organization of over 230 national diabetes associations in 170 countries and territories. It represents the interests of the growing number of people with diabetes and those at risk. The Federation has been leading the global diabetes community since 1950.

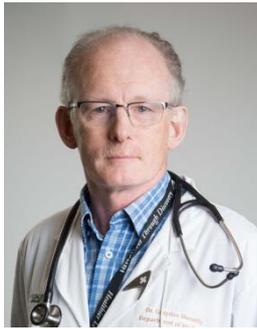


Prof Trisha Dunning (Australia)

Professor Dunning is Chair in Nursing and Director Centre for Nursing and Allied health Research at Deakin University and Barwon Health in Geelong, Victoria. She is a Vice President of the International Diabetes Federation and serves on many National Australian committees.

Her work focuses on diabetes and older people, palliative and end of life care, the needs of family carers and medicines. She is widely published in books, journals and magazines including her award winning *Guidelines for Managing Older People with Diabetes in residential and Other Care Settings*. She Co-chaired the Writing Group for the *International Diabetes Federation Global Guideline for Managing Older People with Type 2 Diabetes* and her widely acclaimed book, *Care of Older People with Diabetes a Manual of Nursing Practice* is in its 4th edition and is used as a core text in many nurse training programs. Professor Dunning was made a Member of The Order of Australia in 2002 for her contribution to nursing and diabetes care and education.

Qualifications include RN, CDE, MEd, PhD; Graduate Certificates: Obstetrics, Infant Welfare, Paediatrics, Family Planning, Aromatherapy and Relaxation Massage; Graduate Diplomas: Health Education and Professional Writing.



Prof Graydon Meneilly (Canada)

Dr Meneilly graduated from the Medical School at the University of Saskatchewan in 1978. He did a rotating internship at the Royal Jubilee Hospital in Victoria and subsequently went to the University of Toronto to pursue residency training in Internal Medicine where he was a Chief Resident. He then went to the Harvard Medical School and did a Fellowship in Gerontology and Diabetes. He stayed on the Faculty at Harvard for a number of years. He returned to Canada and took a Faculty position at the University of British Columbia in 1988. He is currently professor and head of the Department of Medicine at the University of British Columbia, Physician-in-Chief at Vancouver General Hospital and Regional Department Head for Vancouver Coastal Health and Providence Health Care. His research and clinical interest for the last 30 years has been in the area of Diabetes and carbohydrate metabolism in the elderly. He currently runs a specialized multidisciplinary clinic for diabetes in the elderly.



Prof Medha Munshi (United States)

Dr Medha Munshi is the Director of the Joslin Geriatric Diabetes Program and an Assistant Professor of Medicine at the Harvard Medical School. She is a staff geriatrician at the Beth Israel Deaconess Medical Center in Boston, Massachusetts, USA. Dr. Munshi is board certified in Internal Medicine, Geriatric Medicine, and Endocrinology and Metabolism.

Since joining the faculty about 15 years ago, Dr. Munshi has developed a unique Geriatric Diabetes Program at the Joslin Diabetes Center. This model of care is an interdisciplinary program, beyond the traditional diabetes programs, that considers clinical, functional and psychosocial barriers faced by older adults before formulating individualized treatment strategies. Her clinical research is focused on identifying barriers to diabetes management and developing novel strategies to improve care of older adults.

She has co-edited a book “Geriatric Diabetes” with Dr. Lewis Lipsitz. She has published extensively on this subject and have presented nationally and internationally on the topic of care of older adults with diabetes.



Professor Leocadio Rodriguez Mañas (Spain)

Professor Mañas is the Head of the Department of Geriatrics at Hospital Universitario de Getafe (Madrid), President of the Research Committee at Hospital Universitario de Getafe and Professor "ad honorem" of the Department of Medicine of the School of Medicine, Facultad de Medicina de la Universidad Autonoma de Madrid, Spain.

Professor Mañas holds many other key positions including coordinator of the Spanish Collaborative Research Network on Aging and Frailty - RETICEF (Ministry of Science and Innovation), co-director of the epidemiologic study “Toledo Study on Healthy Ageing” involving 2845 community-dwelling older people and founding member and President of the Academia Latinoamericana de Medicina del Adulto Mayor (ALMA).

Professor Mañas is the principal investigator in 23 research projects sponsored by either a public agency or the pharmaceutical industry. His research focuses on the clinical investigation of human vascular (endothelial) ageing and on the mechanisms of vascular damage in diabetes. He has

authored more than 110 original articles in peer-reviewed journals, and 54 books and book chapters. Professor Mañas has also produced Technical Reports on several aspects of ageing and on diabetes in the senior population.



Prof Alan J Sinclair (United Kingdom)

Professor Alan Sinclair is an international expert in diabetes and clinical gerontology and is Director of the Foundation for Diabetes Research in Older People at Diabetes Frail Ltd in Worcestershire, England.

Professor Sinclair is also Hon Professor of Metabolic Medicine at Aston University and consultant geriatrician and diabetologist at the Luton & Dunstable University Hospital in Bedfordshire, England. He is a former Professor of Medicine at the University of Bedfordshire and Dean at the Bedfordshire & Hertfordshire Postgraduate Medical School. He has provided advice for the UK NICE organisation, Care Quality Commission (CQC) and the UK Government Department of Health on matters relating to diabetes in older people. He has produced international guidelines on diabetes care for older people available on www.diabetesfrail.org.

He has interests in ageing and frailty, nutrition, stroke illness, end of life diabetes care, care home diabetes and cognitive dysfunction/Alzheimer's disease. He co-led the development of the IDF Guideline on Managing Older People with Type 2 Diabetes and led a successful IAGG programme on diabetes which was presented in Seoul, Korea in June 2013. Alan has been designated a WHO Expert in Diabetes and more recently been appointed to a World Expert Group on Frailty by the WHO. He was awarded the Presidential Medal of the IAGG in 2013 for services to older people and diabetes. He is the author of many papers in the area of geriatrics, nutrition and diabetes. Professor Sinclair is involved in collaboration in 5 EU-projects connected with frailty and older people involving patients with diabetes.

He is currently editing the 4th edition of his well established textbook, *Diabetes in Old Age*, published by Wiley-Blackwell with three other distinguished Editors, Prof Medha Munshi of Harvard, Prof Trisha Dunning of Geelong, Australia, and Prof Rodriguez Manas of Madrid, Spain. Professor Sinclair is the National Clinical lead in England for the Older Peoples Diabetes Network. After successfully establishing in 2008, the first Institute of its kind devoted to diabetes in older people (Institute of Diabetes for Older People, IDOP) he has now moved to create Diabetes Frail, **a not for profit** research organisation dedicated to developing high quality research in older people and in those with diabetes.



Prof Jean Woo (China)

Prof Jean Woo graduated from Cambridge University in 1974. After medical posts in the Charing Cross, Hammersmith, and Brompton Hospitals, she worked in part time posts in general practice as well as research in the University of Hong Kong. She joined the Department of Medicine at the Chinese University of Hong Kong in 1985 as Lecturer responsible for the development of the teaching and service in Geriatric Medicine, becoming Head of the Department in 1993 until 1999, Chief of Service of the Medicine and Geriatric Unit at Shatin Hospital from 1993-2012, and Chair Professor of

Medicine in 1994.

From 2000-2006 she was Head of the Department of Community and Family Medicine, and from 2001-5 Director of the newly established School of Public Health. Currently she is Emeritus Professor

of Medicine, Henry G Leong Research Professor in Gerontology and Geriatrics, Director of the Hong Kong Jockey Club Institute of Aging, Chairman of the Department of Medicine and Therapeutics, The Chinese University of Hong Kong, and Honorary Professor, Faculty of Social Science, The University of Hong Kong.

Her research interests include chronic diseases affecting elderly people, health services research, nutrition epidemiology, quality of life issues at the end of life, with over 700 articles in peer-reviewed indexed journals.